Port of Virginia Health and Safety Rules - Motor Carriers



- I Vehicles and equipment must follow established traffic patterns and signage.
- 2 The speed limit is 20 mph, unless posted otherwise.
- The use of a cell phone or personal electronic device, or wearing a headset, blue-tooth or ear buds is prohibited while OPERATING a MOVING vehicle/equipment OR while OPERATING controls such as hoisting a spreader bar OR while on foot within 50 feet of cargo operations.
- 4 | Seatbelt use is mandatory in a MOVING vehicle/equipment, to include the shoulder harness, if equipped.

An ANSI-2 vest/shirt that is yellow-green or orange AND safety shoes must be worn when outside on POV property, except in personal vehicle parking areas or when in/on a piece of equipment. This also applies on vessels. Terminal maintenance employees wear the authorized uniform. Motor carriers must wear closed-toe shoes. Eye/hand protection is required when exposed to or using a hammer, power saw, nail gun, chain cutter, grinder, drill, or during banding operations. Chain saw use requires safety glasses plus full face protection with helmet, chaps, and leather gloves. Working with vehicle batteries or parts washers requires safety glasses plus full face protection, apron, and gloves appropriate to the task.

- Hard hats that are OSHA compliant must be worn when exposed to a vertical hazard such as under a shipto-shore crane, on vessels, or in a transfer zone serviced by straddle carriers/rail mounted gantries. Hard hats are also required within 50 feet of operating cargo handling equipment or heavy equipment and when performing line-handler or land-bridge duties. Bump caps are not acceptable.
- Any action that adversely impacts the health or hygiene of employees, such as using bare hands to obtain ice from the ice machines, is prohibited. This also applies in work vehicles/equipment. Feeding or leaving food out for animals is prohibited.
- 8 Littering is prohibited. This includes depositing trash on the ground, in work vehicles/equipment, or the bed of a pickup truck.
- 9 Smoking/Vaping/E-Cigarette use is prohibited within 50 feet of cargo containers, on vessels, in work vehicles/equipment, inside buildings, or inside work booths.
- 10 Passing a MOVING vehicle/equipment is prohibited, unless road markings permit passing.
- II Driving or walking behind vehicles/equipment that are moving in reverse, within 50 feet, is prohibited.
- In Break Bulk Cargo Areas, motor carrier operators must remain in their truck OR be greater than 50 feet from moving container handling equipment.
- While waiting to back into a lane, brief coordination with other motor carriers to determine who will backin next is acceptable for up to two minutes, then drivers must be in their cab.

Once backed into a transfer zone lane and waiting, motor carriers may remain in the truck, in the lane, or on the pressure mat. Using the yellow driver assistance phone, speaking with an exception clerk in the pickup truck, and using the porta-toilets is also acceptable. At NIT/VIG, during container

discharge/loading, motor carriers must remain on the pressure mat while container handling equipment is engaged with the container. At North NIT, motor carriers must have at least one foot in the booth from the time the Straddle Carrier proceeds over the rear of the chassis until the Straddle Carrier has backed away and is clear of the chassis. If unable to secure the locking pins, request assistance.

- Vehicles, equipment, cargo, GENSETS, and chassis must be parked in a marked location OR if operational needs require it, in a location that does NOT create a HAZARD. In GENSET mounting areas, motor carriers must remain in the booth with the sign that says, "Driver must stand here please".
- Motor Carrier movement to the dock or berth highway requires an escort. Exception: At PMT, motor carriers may use the road immediately next to the dock only to PICK-UP a container.
- At the PPCY, motor carriers must remain within the jersey walls on the paved surface. All traffic between the jersey walls is one-way with the exception of Kubotas using a designated lane. While WAITING to be loaded/unloaded or while BEING loaded/unloaded, Motor Carriers must either remain in the cab OR next to the cab door on the same side as the Side Loader. Secure locking pins and inspect containers only in an area protected from truck traffic. Driving or walking through container stacks is prohibited.
- During terminal operating hours that require a reservation, motor carrier entry into the terminal OCR portals when outside of the +/- 30 minute reservation window, is prohibited.

The policy that details TSEP consequences may be found at portofvirginia.com/stewardship/healthandsafety. Please send disputes, comments or questions to healthandsafety@vit.org



