

# Port of Virginia Health and Safety Rules - Motor Carriers



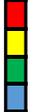
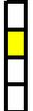
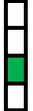
1	Vehicles and equipment must follow established traffic patterns and signage.
2	The speed limit is 20 mph, unless posted otherwise.
3	The use of a cell phone or personal electronic device, as well as wearing a headset, blue-tooth or ear buds is prohibited while <b>OPERATING</b> a <b>MOVING</b> vehicle/equipment <b>OR</b> while <b>OPERATING</b> controls such as hoisting a spreader bar <b>OR</b> while on foot within 50 feet of cargo operations.
4	Seatbelt use is mandatory in a <b>MOVING</b> vehicle/equipment, to include the shoulder harness, if equipped. <b>Exception: Linehandlers in equipment/vehicle connected to a mooring line.</b>
5	An ANSI-2 vest/shirt that is yellow-green or orange <b>AND</b> safety shoes must be worn, as designed, when outside on <b>POV</b> property, except in personal vehicle parking areas or when in/on a piece of equipment. This also applies on vessels, <b>in warehouses, and in parts rooms.</b> Terminal maintenance employees wear the authorized uniform. Motor carriers must wear closed-toe shoes. Eye and hand protection is required when exposed to or using a hammer, power saw, nail gun, chain cutter, grinder, drill, or when touching out-of-guage cargo. Chain saw use requires safety glasses plus full face protection with helmet, chaps, and leather gloves. Working with vehicle batteries or parts washers requires safety glasses plus full face protection, apron, and gloves appropriate to the task.
6	Hard hats that are <b>OSHA</b> compliant must be worn when exposed to a vertical hazard such as under a crane, on vessels, or in a transfer zone. Hard hats are also required for line-handler or land-bridge duties and within 50 feet of operating cargo handling equipment or heavy equipment. Bump caps are not acceptable.
7	Any action that has the potential to adversely impact the health or hygiene of employees, such as using bare hands to obtain ice from the ice machines, is prohibited. This also applies in work vehicles/equipment. Feeding or leaving food for animals is prohibited.
8	Littering is prohibited. This includes depositing trash on the ground, in work vehicles/equipment, or in the bed of a pickup truck.
9	Smoking/Vaping/E-Cigarette use is prohibited within 50 feet of cargo containers, on vessels, in work vehicles/equipment, inside buildings, or inside work booths.
10	Passing a <b>MOVING</b> vehicle/equipment is prohibited, unless road markings permit passing.
11	Driving or walking behind a vehicle/equipment that is moving in reverse, within 50 feet, is prohibited. When walking/working in an area exposed to vehicle traffic, pedestrians must be protected with a control measure such as cones, barriers, or painted safety lanes.
12	In Out-of-Gauge Cargo Areas, motor carriers must remain in their truck <b>OR</b> be greater than 50 feet from <b>MOVING</b> container handling equipment. A test lift, as defined in the <b>POV</b> Operational Standards, is required.
13	While waiting to back into a lane, brief coordination with other motor carriers to determine who will back-in next is acceptable for up to two minutes, then drivers must be in their cab.
14	Once backed into a transfer zone lane and waiting, motor carriers may remain in their truck, in their lane, or on the pressure mat. Using the yellow driver assistance phone, speaking with an exception clerk in the pickup truck, and using the porta-toilets is also acceptable. At <b>NIT/VIG</b> , during container discharge/loading, motor carriers must remain on the pressure mat while container handling equipment is engaged with the container. At <b>North NIT</b> , motor carriers must have at least one foot in the booth while the <b>Straddle Carrier</b> is over the chassis. If unable to secure the locking pins, request assistance.

15	Vehicles, equipment, cargo, <b>GENSETS</b> , and chassis must be parked in a marked location <b>OR</b> if operational needs require it, in a location that does <b>NOT</b> create a <b>HAZARD</b> . In <b>GENSET</b> mounting areas, during loading/ unloading, motor carriers must remain in the booth with the sign that says, "Driver must stand here please".
16	Motor Carrier movement on the dock or berth highway requires an escort.
17	At the <b>PPCY</b> , motor carriers must remain within the jersey walls on the paved surface. Traffic between the jersey walls is one-way, except for <b>PPCY</b> operations vehicles. While <b>WAITING</b> to be loaded/unloaded or while <b>BEING</b> loaded/unloaded, Motor Carriers must either remain in the cab <b>OR</b> next to the cab door on the same side as the Side-Loader. Secure locking pins and inspect containers only in an area protected from truck traffic. Driving or walking through container stacks is prohibited.
18	During terminal operating hours that require a reservation, motor carrier entry into the terminal <b>OCR</b> portals must occur within +/- 30 minutes of the reservation window. <b>If a trouble ticket is issued upon departure for a chassis issue, the motor carrier must report to the CSA and follow the instructions provided in order to complete their move. Departing without an EIR is prohibited.</b>

The Terminal Safety Excellence Program may be found at [www.portofvirginia.com/who-we-are/health-and-safety](http://www.portofvirginia.com/who-we-are/health-and-safety). Please send comments or questions to [healthandsafety@vit.org](mailto:healthandsafety@vit.org)

### TRANSFER ZONE LIGHT GUIDE

Light tree status after truck backs into lane

	<p>TRUCK CONFIRMED IN LANE TRANSACTION PENDING (GOOD RFID SCAN)</p>
	<p>RFID TRANSPONDER NOT READ TRUCK NOT REGISTERED (CALL CLERK ON YELLOW PHONE)</p>
	<p>DRIVER PLEASE STAND ON PLATFORM</p>
	<p>TRANSACTION IN PROGRESS</p>
	<p>TRANSACTION COMPLETE (SAFE TO EXIT PLATFORM)</p>
	<p>EMERGENCY STOP PRESSED</p>

